

What is ImPACT?

- A sophisticated, research based computer test to help clinicians evaluate an athlete's recovery following concussion.
- It is a 30 minute test that has been scientifically validated to measure the effects of sports related concussion.



When should you use ImPACT?

- Preseason testing to establish a baseline.
- Post-concussion testing to track the athletes recovery usually 48 to 72 hours after the injury.
- Return-to-play decision support.



What if I have not taken the baseline test?

- If an athlete has not taken the baseline test, ImPACT Inc. has developed norms that can be used to evaluate the recovery process of a concussed athlete. While these norms can be used to monitor recovery, they do not replace the value of an athlete being compared to a baseline test.



If you have any questions, please call 214-345-5010.

For a physician referral for treatment of a sports-related concussion call 1-800-4-Presby.

Resources: ImPACTtest.com, American Academy of Neurology, University Interscholastic League

**Take the ImPACT test at
WWW.PHSCARE.ORG/CONCUSSION**